Lesson 1 Using Few Words or Being Quiet

- **brevity** *n*. briefness or conciseness in speech or writing
- **concise** *adj.* using few words in speaking and writing
- **laconic** *adj*. using few words in speech
- **pithy** *adj.* brief and full of meaning and substance; concise
- **quiescent** *adj.* quiet; still; inactive
- **reticent** *adj.* not talking much; reserved
- **succinct** *adj.* clearly and briefly stated; concise
- **taciturn** *adj.* silent; sparing of words; close-mouthed
- **terse** *adj.* using only the words needed to make the point; concise

Lesson 2 Speaking

circumlocution *n*. speaking in circles; roundabout speech • colloquial *adj*. pertaining to common everyday speech; conversational • diffuse *adj*. spread out, not concise; wordy • digress vb. to wander off from the subject or topic spoken about • eloquence *n*. artful ease with speaking that impacts people's feelings • garrulous *adj*. talkative; loquacious • grandiloquent adj. using big and fancy words when speaking for the purpose • of impressing others loquacious adj. very talkative; liking to talk; garrulous • prattle vb. to speak on and on in a senseless and silly manner; to talk • foolishly to talk very loudly, even wildly rant vb. • relating to speech that is used to persuade or have some rhetorical adj. effect; insincere in expression verbose *adj*. using too many words; wordy; long-winded • voluble *adj*. talking a great deal with ease; glib

Lesson 3 **Feeling Superior**

- arrogant adj. overbearing; proud; haughty •
- braggart n. •
- complacent adj. •
- contemptuous adj. •
- disdainful adj. •
- egotistical adj. •
- haughty adj. •
- insolent *adj*. •

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- narcissist adj. or n. • ostentatious adj.
- self-satisfied; smug lacking respect; scornful
 - full of bitter scorn and pride; aloof

on who boasts a great deal

- excessively self-absorbed; very conceited
- having a great pride in oneself and dislike for others
- boldly disrespectful in speech or behavior; rude
- having to do with extreme self-adoration
- having to do with showing off; pretentious
- presumptuous adj. too forward or bold; overstepping proper bounds
 - claiming or pretending increased importance or grandness
- supercilious adj. looking down on others; proud and scornful
- swagger vb. •

pretentious adj.

to walk around in a proud, showy manner

Lesson 4 **Unoriginal, Dull, Played Out**

- **banal** *adj*. dull or stale because of overuse; trite; hackneyed •
 - cliché n. an idea or expression that has become stale due to overuse
 - derivative *adj*. unoriginal; taken from something already existing
- hackneyed adj. made commonplace by overuse; trite •
- insipid *adj*. lacking flavor or taste; unexciting •
- lackluster adj. lacking vitality, energy, or brightness; boring •
- mundane adj. commonplace; ordinary •
- an obvious remark uttered as if it were original platitude *n*. •
- prosaic *adj*. dull; commonplace •
- trite *adj*. unoriginal and stale due to overuse •
- vapid *adj*. lacking freshness and zest; flat; stale

Lesson 5 Lessening Pain, Tension, and/ or Conflict

- allay *vb*. to lessen fear; to calm; to relieve pain
- alleviate *vb*. to lessen pain or tension
- **ameliorate** *vb*. to make better; to lessen pain, difficulty, or tension
- **appease** *vb*. to make tranquil, especially by giving into demands; pacify
- **assuage** *vb*. to alleviate; to lessen pain or conflict; pacify
- **conciliate** *vb*. to win a person over through special considerations or persuasive methods
- **mediate** *vb*. to act as a go-between in settling conflicts or disputes
- **mitigate** *vb*. to make or become less severe; to lesson pain or damage
- **mollify** *vb*. to pacify, soothe, or appease; to make less severe or violent
- **pacify** *vb*. to calm; to make peaceful; to restore to a tranquil state
- **placate** *vb*. to make calm; to soothe
- **quell** *vb*. to pacify; to subdue; to quiet down

Lesson 6 Friendly and Agreeable

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- **affable** *adj.* easy to talk to; easy to approach, friendly; kind; amiable
- amiable *adj*. friendly, kind
- amicable *adj.* showing goodwill; peaceable
- **congenial** *adj.* compatible; having kindred needs or tastes; sympathetic
- **convivial** *adj.* sociable, outgoing, especially when pertaining to eating and drinking; fond of good company
- cordial *adj.* warm and friendly; amiable
- gregarious *adj.* sociable, outgoing
- **jocular** *adj.* liking to be with people, joke around and have fun
- **levity** *n*. lightheartedness; gaiety; carefree disposition

Lesson 7 Quarreling, Fighting, and Bitter Feelings

- **animosity** *n*. hatred; ill will
- antagonism *n*. hatred or hostility
- **bellicose** *adj.* of a quarrelsome nature; eager to fight; warlike; belligerent
 - **belligerent** *adj.* taking part in war or fighting ready to fight
- cantankerous *adj.* bad-tempered; quarrelsome
- **captious** *adj.* made for the sake of quarreling; quibbling
- contentious *adj.* quarrelsome; belligerent
- **disputatious** *adj.* likely to dispute or argue
- **polemical** *adj.* inclined to argue or debate; controversial
 - **predator** *n*. one who takes advantage of another, exploits or feeds on
 - another; a strong adversary or rival
- **pugnacious** *adj.* eager to fight; belligerent

Lesson 8 Generosity in Spending Money or Time, or Showing Concern for Others

- **altruistic** *adj.* showing an unselfish concern for others
- **benevolent** *adj.* giving freely and easily to others; charitable
- largess *n*. generous giving
- **lavish** *adj.* generous in giving to others or in spending money
- **magnanimous** *adj.* generous in overlooking insult or injury by others; rising above pettiness
- **munificent** *adj*. very generous
- **philanthropic** *adj.* showing a desire to help others by giving gifts; charitable
- prodigal *adj*. wasteful; lavish
- squander vb. to spend money (or time) in a wasteful, uncaring fashion

Lesson 9 Cheapness or Care with Spending Money

- **austere** *adj.* having great economy; showing self-control when it comes
- to foregoing luxuries, frills
- avarice *n*. greed
- **frugal** *adj.* careful with money; thrifty; not costly
- mercenary *adj.* greedy for self-gain; thinking only of money-making
- **miserly** *adj.* careful with how money is spent; thrifty
- parsimonious *adj.* overly thrifty or miserly
- **penurious** *adj.* stingy; relating to great poverty, destitution
- **thrifty** *adj.* careful with how money and resources are spent; miserly.

Lesson 10 Problems, Puzzlements, and Disasters

- adversity *n*. great trouble or difficulty
- conflagration *n*. a huge fire, an inferno
- **confounding** *adj.* puzzling; baffling
- **cryptic** *adj.* hidden; hard to understand; mysterious; obscure
- **debacle** *n*. a failure or breakdown; a collapse that is often nonsensical
- enigma *n*. a riddle or mystery; a puzzling or baffling matter or person
 - **labyrinth** *n*. a maze from which it is very hard to extricate (free) oneself
- precarious *adj.* dangerous or risky; uncertain
- **quandary** *n*. a dilemma; a confusing or puzzling situation
- **turbulence** *n*. great unrest; turmoil or disorder
- **turmoil** *n*. a very puzzling scenario or situation; tumult

Lesson 11 Harmful

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- **baneful** *adj*. causing ruin; harmful; pernicious
 - **deleterious** *adi*. harmful to one's health or overall welfare; pernicious
 - detrimental *adj.* harmful
- **devious** *adj*. dishonest or deceptive
 - iniquitous *adj.* showing a lack of fairness; wicked; vicious
 - malicious *adj.* intending to hurt of harm another; spiteful
- **nefarious** *adj.* very mean and wicked
- **odious** *adj.* loathsome; evil; revolting in a disgusting way
- **ominous** *adj.* pertaining to an evil omen; foreboding
- **pernicious** *adj.* very destructive or harmful in an inconspicuous way
- **rancorous** *adj.* deeply hateful or spiteful; malicious
- virulent *adj.* extremely poisonous; deadly; full of spiteful hatred

Lesson 12 Criticizing, Disapproving, or Scolding

- **berate** *vb*. to rebuke or scold in a harsh tone
- **castigate** *vb*. to scold or punish severely
- **censure** *vb*. to criticize strongly
- **chastise** *vb*. to punish or scold harshly
- **deprecate** *vb*. to show mild disapproval
- **impugn** *vb*. to oppose or attack person or thing as false or refutable
- **rebuff** *vb*. to snub; to bluntly refuse
- **rebuke** *vb*. to reprimand or scold sharply
- **reprove** *vb*. to speak to in a disapproving manner; to scold
- **upbraid** *vb*. to chide; to scold bitterly

Lesson 13 Lacking Interest or Emotion

aloof adj. uninterested; showing no concern; emotionally distant • apathetic *adj*. indifferent; showing no care, interest; lacking emotion • detached *adj*. aloof: indifferent • • impassive *adj*. lacking emotion or drive indifferent adj. apathetic; showing little or no concern or care • lacking interest in something, usually because of illness, listless adj. • fatigue, or general sadness; spiritless casual and indifferent; not showing any great concern or nonchalant adj. • worry about anything phlegmatic adj. hard to get excited or emotional; calm • emotionally distant and disinterested; aloof; uninvolved; remote adj. • distant, far away stoical *adj*. lacking emotion or not showing any emotion

Lesson 14 Lacking Energy or Movement

- **indolent** *adj.* lazy; not wanting to do any work
- **languor** *n*. weak or lifeless feeling
- **lassitude** *n*. tired feeling; a result of depression or too much work
- **lethargic** *adj.* having little or no energy
- **sedentary** *adj.* having to do with sitting around a lot
- **sluggish** *adj*. slow and lazy
- **soporific** *adj*. sleep-inducing; sleepy
- **stagnant** *adj.* lacking movement or energy
- **torpid** *adj.* lacking energy; relating to inactivity; feeling sluggish

Lesson 15 Humility and Obedience

•	compliant adj.	yielding, submissive
•	fawning adj.	gaining favor by acting overly kind or by flattery
•	obsequious <i>adj</i> .	obeying or performing a service for someone in an overly attentive manner
•	servile adj.	slave-like; very humble and submissive
٠	slavish <i>adj</i> .	slave-like; overly humble; involving very hard work
٠	submissive adj.	voluntarily obeying another; humble
٠	subordinate adj.	inferior; lower in rank or status
٠	subservient adj.	obedient; obsequious
٠	sycophant n.	a self-server who tries to gain the favor of others through
		the use of flattery or by being overattentive
٠	toady n.	a flatterer; a sycophant

Lesson 16 Enthusiasm and Passion

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- ardent *adj.* full of passion and emotion
- avid *adj.* showing enthusiasm; ardent
 - ebullient *adj.* filled with a excitement.
 - effervescent *adj.* lively; full of uplifted spirit; vivacious
 - exuberant *adj.* overflowing with vitality and good spirits
- **fanatical** *adj.* full of great enthusiasm or devotion
 - fervent *adj*. filled with passion or intensity
- **impassioned** *adj.* filled with passionate emotion
- **vibrant** *adj.* lively; full of vitality
- **zealous** *adj.* filled with enthusiasm; fervent

Lesson 17 Being Stubborn

- adamant *adj.* unwilling to bend; unyielding
 dogged *adj.* stubborn; determined
 hidebound *adj.* strongly-opinionated; narrow-mindedly stubborn
 intractable *adj.* stubborn; hard to manage
 - resistant to persuasion or softening.

stubborn; inflexible

- stubborn; disobedient; defiant
- firmness, determination
 - firm and determined

stubborn

- **unyielding** *adj.* stubborn; inflexible
- **willful** *adj*.

resolve *n*.

obdurate *adj*.

obstinate adj.

recalcitrant *adj*.

unwavering *adj*.

Lesson 18 Sound

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- acoustics *n*. the quality of sound, pertaining to how it is heard based on • the quality and structure of the room lack of harmony; loud and unpleasant noise; a racket cacophony n. • unpleasant sound; noise • clamor n. ongoing loud sound; noise din n. • discordant adj. lacking harmony or agreement • pleasing sound euphony *n*. • mellifluous adj. sweet and smooth sounding • raucous *adj*. coarse-sounding; loud and unruly •
- **strident** *adj*. shrill; high-pitched
- vociferous *adj.* loud and noisy regarding one's own voice, especially
 - shouting; demandingly clamorous

Lesson 19 Words Relating to Praise and Respect

- acclaim *v*. to express strong approval or praise; hail
- **adulate** *v*. to praise or flatter too greatly; fawn over
- esteem *v*. to value highly; to have great regard for
- **eulogize** *v*. to praise, as in a eulogy; to say good things about
- **exalt** *v*. to praise or glorify; to lift up in status, dignity, power
- **extol** *v*. to praise highly; laud
- laud *v*. to praise; extol
- **panegyrize** *v*. to praise a person or event in a formal speech or in writing.
- **revere** *v*. to regard highly with love an respect
- **venerate** *v*. to honor or show deep respect for age or tradition.

Lesson 20 Words Relating to More Than Enough

- **ample** *adj.* abundant; plentiful; enough or more than enough
- **copious** *adj.* abundant; much; plentiful
- lavish *adj*. abundant; in excess
- myriad *adj. or n.* countless; a very large number
- **plethora** *n*. excess; abundance
- **profuse** *adj*. abundant; more than enough
- **superfluous** *adj.* overabundant; more than is needed; unnecessary
- **surfeit** *n*. an oversupply

Lesson 21 Words Relating to Food and Hunger

- **abstemious** *adj.* holding back from eating or drinking too much
- alimentary *adj.* relating to food and nourishment
- **culinary** *adj.* having to do with cooking, preparing meals
- **delectable** *adj*. delicious
- **emaciated** *adj.* very, very thin due to lack of adequate food
- epicurean *adj.* to do with the pleasure of eating and drinking (*n.* epicure)
- glutton *n*. one who overindulges in food and drink
- **palatable** *adj.* pleasing to the taste buds
- **ravenous** *adj*. very hungry
- **savory** *adj.* tasty or good smelling
- voracious *adj.* greedy; gluttonous; ravenous; insatiable

Lesson 22 Words Relating to Being Careful

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- **chary** *adj.* cautious; wary
 - circumspect *adj.* careful and cautious before acting
- **conscientious** *adj.* relating to doing what one knows is right; scrupulous
- **exacting** *adj.* requiring a great deal of care or effort; painstaking
- **gingerly** *adj*. very carefully
- heedful *adj*. paying careful attention to
 - meticulous *adj.* very careful; fussy; finicky
- scrupulous *adj.* showing great care and honesty, based on what is right
 - vigilant *adj.* carefully alert and watchful
- wary *adj.* cautious, careful

Lesson 23 Words Relating to Being Short-lived in Time or Place

- ephemeral *adj.* lasting a short time; fleeting
- evanescent *adj.* vanishing quickly; fleeting
- fleeting *adj*. short-lived
- **itinerant** *adj.* wandering about; tending to move around, travel
- **nomadic** *adj*. wandering
- **peripatetic** *adj.* moving or walking about; itinerant
- **transient** *adj.* lasting for only a short time; temporary
- transitory *adj.* fleeting
- **volatile** *adj.* explosive or changing very quickly

Lesson 24 Words Relating to the Old or the New

The Old ...

- **antediluvian** *adj.* very, very old; antiquated
- antiquated *adj.* very old and no longer in use; obsolete
- **antiquity** *n*. ancient times
- **archaic** *adj.* old; from a much earlier time; antiquated
- **obsolete** *adj.* old; outdated, as in no longer in use
- **relic** *n*. a custom or object that has been around for a very, very long time

The New . . .

- contemporary *adj.* modern, new; relating to the same time period
 inception *n.* the start, the beginning of something
- Inception *n*. the start, the beginning of somet
- **innovation** *n*. something new
- **novel** *adj*. new
- unprecedented *adj.* novel; unparalleled

Lesson 25 Words Relating to Being Sneaky or Hardly Noticeable

- clandestine *adj*. hidden, secret, concealed
- covert *adj*. secret, hidden
- furtive *adj*. sneaky
- **inconspicuous** *adj.* hardly noticeable
- sly *adj*. underhanded, furtive
- **stealthy** *adj*. secretive, sly
- surreptitious *adj*. done or made in a secret, stealthy way
- **unobtrusive** *adj.* inconspicuous; not easily noticed

Lesson 26 Words Relating to People You Will Meet on the SAT I

- adversary *n*. an opponent
- artisan *n*. a person who is skillful with his or her hands
- **ascetic** *n*. a person who refrains from indulging in earthly pleasures
- **charlatan** *n*. a fraud; a quack or imposter
- **diva** *n*. a highly skilled singer, usually an opera singer
- hedonist *n*. a person who lives for pleasure
- pariah *n*. a social outcast
- **raconteur** *n*. a skillful storyteller
- **skeptic** *n*. a person who doubts
- virtuoso *n*. a highly skilled performer, usually a musical performer

Lesson 27 Words Relating to Things of Little Importance or Value

- extraneous *adj.* not necessary; not an essential part; not relevant
 frivolous *adj.* not having substance or sense of importance or seriousness
- incidental *adj.* less important; minor
- **inconsequential** *adj.* irrelevant; of no significance; unimportant
- **irrelevant** *adj.* not relating to the matter at hand
- **negligible** *adj.* able of likely to be neglected or bypassed due to smallness or lack of importance
- **peripheral** *adj.* only marginally connected to what is truly important; relating to the field of vision
- **petty** *adj*. minor or trivial; small in quantity
- **superficial** *adj.* lacking in depth or importance; on the surface
- trifling *adj*. lacking significance; unimportant
- **trivial** *adj*. unimportant; trifling; ordinary

Lesson 28 Words Relating to Being Wise and Sharp-Minded

- **acute** *adj.* keen-minded; sharp
- **astute** *adj*. sharp-minded; very clear
- **discerning** *adj.* able to judge people and situations clearly
- **erudite** *adj.* wise due to much reading and studying; scholarly
- **incisive** *adj.* sharp; keen
- **ingenious** *adj.* very clever or inventive
- judicious *adj.* showing wisdom in judging people and situations
- perspicacious *adj.* using wise judgment; sharp-minded
 - **prudent** *adj.* careful, cautious, and wise
 - sagacious *adj.* wise

- **savvy** *adj*. smart; informed
- **shrewd** *adj.* insightful; clever

Lesson 29 Words that Sound and/or Look Alike But Have Different Meanings

- acrid *adj*. bitter, harsh
- arid *adj.* dry, lacking water
- **aesthetic** *adj*. having to do with artistic beauty
- **ascetic** *n*. a person who refrains from indulging in earthly pleasures
- **atheistic** *adj.* without a belief in any god
- **ambiguous** *adj.* open to more than one interpretation
- **ambivalent** *adj.* unsure, conflicted feelings or opinions about something.
- **coalesce** *vb*. to have different opinions join together; fuse; converge
- **convalesce** *vb*. to recover from an illness
- **delusion** *n*. a false opinion or belief
- **allusion** *n*. an indirect reference, often to literature
- illusion *n*. something unreal that gives the appearance of being real

Lesson 30 More Words that Sound and/or Look Alike But Have Different Meanings

- careless; rash • imprudent *adj*. impudent *adj*. rude; disrespectful • indigenous *adj*. native • indigent *adj*. poor; impoverished • indignant *adj*. • angry to suggest; to hint at intimate vb. • intimidate vb. to frighten •
- **obscure** *adj.* hard to understand; abstract
- **obtuse** *adj.* stupid; not clear or precise
- **ponderable** *adj.* important enough to require a lot of thought
- **ponderous** *adj.* very heavy or bulky; dull or lifeless

Lesson 31 Letters A to G

 abridge vb. accessible adj. antidote n. 	shorten available; ready for use something that relieves or prevents; a remedy that
 aspire vb. autonomous adj. bolster vb. 	counteracts the effects of poison to work toward or to have a goal independent to support; to strengthen
 candor n. cynical adj. fastidious adj. gratify vb. 	honesty, sincerity believing that all others are motivated by self-interest very attentive to detail; fussy; meticulous to please or indulge

Lesson 32 Letters H to P

•	hamper vb.	to hinder; to prevent something from happening
•	hardy adj.	healthy and strong; robust
•	homogeneous adj.	of the same kind; alike; uniform
•	integrity n.	holding firmly to values, such as honesty; completeness
•	intrepid adj.	fearless
•	linger vb.	to hang around; to stay
•	lofty adj.	very high; towering; grand or noble
•	mock vb.	to make fun of; to imitate
•	nurture vb.	to care for, to nourish
•	ominous <i>adj</i> .	foreboding feeling that something bad or evil will happen.
•	opportunist n.	a person who seeks self-gain, even at the expense of others,
		without regard to values or moral principles
•	proximity n.	nearness

Lesson 33 Letters Q to Z

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- querulous *adj.* whining; complaining
- **recount** *vb*. to tell a story
- **rigor** *n*. harshness, severity
 - saturate *vb*. to wet or soak completely; to totally fill up
 - scrutinize *vb*. to read or look at very closely and carefully

to slander or defame someone's name

- surpass *vb*. to be better than; to excel
- tentative *adj.* hesitant; not definite

fanciful

- to grow strong; to flourish
 - peacefulness; calmness
- uniformity *n*. sameness
- vilify vb.

thrive vb.

• whimsical *adj*.

tranquility *n*.

Lesson 34 Millennium Hot Words

- **aggregate** *n*. a sum total or mixture
- **audacious** *adj.* very bold
- aviary *n*. an enclosed space for birds
- **coalesce** *vb*. to come together
- **complementary** *adj.* serving to complete another
- **debunk** *vb*. to prove wrong or false
- **discrepancy** *n*. a difference
- eclectic *adj.* taken from many different sources
- excerpt *n*. a portion of a text or musical piece that is taken, or
- extracted, from the whole
 - glacial *adj.* very, very cold or very, very slow moving
 - (in both cases, like a glacier)

Lesson 35 More Millennium Hot Words

- **inception** *n*. the beginning; the earliest stage
- **insuperable** *adj.* unable to be overcome
- lithe *adj*. nimble and flexible
- **misanthrope** *n*. someone who dislikes all people
- **pitfall** *n*. an unseen danger, risk, or drawback
- **raze** *vb*. to tear down; to destroy
- **replete** *adj.* filled-up; overflowing
- **respite** *n*. period of inactivity; a lull
- **spurious** *adj.* false; counterfeit; lacking logic
- **vaporize** *vb*. to turn to vapor, foam, or mist